

# The tyfu' News



November 2015

## We're BACK!!!!

Well the TYFU News is back, so what have you missed?

In this issue:

- "TYFU on the GO" van's debut appearance.
- GAVO Volunteer Recognition Scheme
- Macmillan Coffee Morning
- Upcoming events in the café
- New Volunteer Corner

## "TYFU on the GO" van debuts

August saw the debut appearance of our new catering van. Diane, Andy and Jeni took to the Morgan Jones' Park in Caerphilly for the GAVO Play Event. The trio showcased the van by serving hot & cold drinks plus bacon & sausage sandwiches. It was a massive success and will be appearing at future events in the near future. What this space.



## Tyfu Buffets!

Running an event or celebration and need good quality buffet food to fill your guests?

Well, look no further, Tyfu Buffets are here for you! From as little as £3.50 per person we can tailor a buffet for your event with a variety of sandwiches, snacks, fruit, cakes and drinks being available. If you wish to find out more then please contact the café on 07824 596981 or email us [TYFU@drugaidcymru.com](mailto:TYFU@drugaidcymru.com). Alternatively send us a message via our Facebook page and we will get back to you.

## Macmillan Coffee Morning

On Thursday 24th September 2015, Tyfu Café joined the 25th anniversary of the biggest coffee morning. A selection of cakes made by volunteers were available to buy with all proceeds going to Macmillan who supports those affected by cancer. Our volunteer Claire organised the event and raised £74.60 for the 3rd year running. Tyfu café are extremely proud of the support for this event and would like to thank all those who helped us raise money for such a worthy cause.



# GAVO Volunteer Recognition Awards

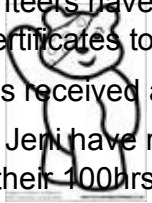
September saw the launch of GAVO awarding volunteers of their hours completed on projects around Gwent. These certificates for 50/100/200 hours can be used with their CVs towards showing a potential future employer.

Our volunteers have been logging their hours and have received certificates to reflect.

Claire has received all 3 certificates.

Matt and Jeni have received their 50hr certificates and working towards their 100hrs.

The management are very proud of our volunteers for all there hard work.



# How many pudseys can you find?

Spot the pudseys on our newsletter.

Just for fun!!!



## Volunteer Update

Some may remember the lovely Amy Nash who volunteered at the café.

Well she's given birth to a beautiful baby boy named "Finley". He is now 7 months old and both Amy and Fin-



## Shared Coffee

For those of you who are not aware of this, Shared Coffee is a simple concept.

When you buy a tea or a coffee from Tyfu Cafe, an additional £1 will buy a drink for a disadvantaged person. Tyfu Cafe distributes the vouchers to community groups who then pass them onto people who would not normally be able to afford a hot drink.

Currently we have over £150 worth of shared coffee vouchers available, if you know disadvantaged groups or individuals who would benefit from a voucher, please get in

## Volunteer Corner

**Name:** Claire Maddox

**From:** Bargoed

**Enjoys:** Cooking. Claire also plays for "Heolddu Diamonds" who are a local disabled team in Bargoed. She enjoys dancing for "South Wales Rock n Roll" and actively supports Bargoed RFC and Chelsea FC.

**Favourite Tyfu Food:** Breakfast

**Favourite thing in the world:** Chelsea FC



## Upcoming Events at the Tyfu Cafe

6th Nov: Poppy Day

This is in aid of Veterans across the area. We will have representatives from DrugAid, Disability Can Do, with the possibly of further agencies. Poppy Cakes will be available to buy.

13th Nov: Children in Need 2015

There will be Colouring competitions, Toy Swap, Cakes to buy and to decorate all money raised to go to Children in Need.



## Heroes Welcome

Heroes welcome is a scheme which recognises Service-men/women, their families and veterans in the community. Currently we are supporting Jeni, who is a veteran, who is volunteering in a admin role for Tyfu café.

For information, please visit the website

